



“MAKE
SURE MY
HAIR IS
DONE”

...if nobody
knows, they
never will...

Share your stories and wishes now

& save your loved ones the stress of not knowing!

1. Boil the kettle
2. Make a cuppa
3. Start the conversation
4. Prepare your documents
5. Update if required

- ✓ Talk about your wishes
- ✓ Record your stories & attach photos
- ✓ Appoint a medical decision-maker
- ✓ Complete a 'Final Checklist'
- ✓ Make sure your loved ones know where to find this

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“I WANT YOU
TO LAUGH
AT MY
FUNERAL”

...if nobody
knows, they
never will...

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