

## D-Esc

### VR training for a behavioural emergency

This immersive workshop is designed to support caregivers and healthcare professionals who work with people living with dementia, enabling them to de-escalate safely following a behavioural emergency. With use of an experiential VR program, care staff can practice de-escalation skills in a safe and controlled simulation environment, providing participants with an opportunity to learn and apply de-escalation techniques and communication strategies, while seeing the real-time outcome of their decisions.

**At completion participants will be more confident in being able to:**

- Recognise emotional and physical signs of escalation
- Understand how increased stress impacts a person with dementia
- Apply person-centred de-escalation skills
- Contribute to debriefing to determine potential cause of behaviour
- Reduce the risk of harm for both the person with dementia and staff.

#### Additional information:



**Suitable for:**

Staff in various care settings providing support to people living with dementia.

**When:**

**Where:**



D-Esc is a Dementia Australia program created with support from The Rosemary Norman Foundation, Fitzpatrick Sykes Family Foundation, Navarra Care Foundation and Australian Communities Foundation through HDR Australia Fund. With the support of Dementia Training Australia and the Australian Government, the D-Esc workshop is free for 6,500 eligible participants until 30 June 2025.

Call **1300 DEMENTIA** (1300 336 368)

Find us online [dementia.org.au/d-esc](https://dementia.org.au/d-esc)



For language assistance  
call **131 450**