

## Services in the Grampians region

### Wimmera Palliative Care Service

7-9 Robinson Street, Horsham 3400

P 03 5381 9363 F 03 5362 3480

E [hospice@whcg.org.au](mailto:hospice@whcg.org.au)

### Central Grampians Palliative Care

PO Box 155, Ararat 3377

P 03 5352 9465 F 03 5352 9425

E [cgpc@eghs.net.au](mailto:cgpc@eghs.net.au)

### Ballarat Hospice Care Inc.

PO Box 96, Ballarat 3353

P 03 5333 1118 F 03 5333 1119

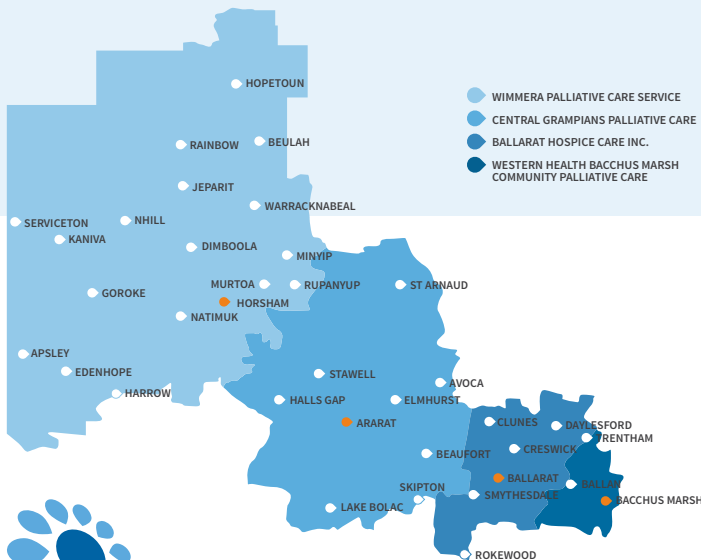
E [admin@ballarathospicecare.org.au](mailto:admin@ballarathospicecare.org.au)

### Western Health Bacchus Marsh Community Palliative Care Service

PO Box 330, Bacchus Marsh 3340

P 03 5367 9137 F 03 5367 4274

E [palliativecare@wh.org.au](mailto:palliativecare@wh.org.au)



Grampians Region  
Palliative Care Consortium

# Are you living with a life limiting illness?

## We can support you to live your best possible life.



## We can assist you to:

Understand your illness

Manage your symptoms

Help you find your way

Communicate your choices

Stay at home

## Our services provide specialist care that

- Helps people living with a life-limiting illness, their families, carers, doctors and other healthcare providers
- Focuses on maintaining the highest possible quality of life for the individual
- Includes physical, emotional, social and spiritual care that respects your beliefs, wishes and choices

## Who is it for?

- Anyone diagnosed with any life-limiting illness such as heart, lung and kidney diseases, motor neurone disease, cancer, and dementia
- Anyone of any age (from babies to older people)
- People of all cultures and beliefs
- People still receiving treatments such as chemotherapy or dialysis

## We help

- Manage your illness, particularly pain and symptoms to make you comfortable
- Provide support to help make choices about your care
- Support family and friends caring for you, now and in grief and bereavement
- Plan for the progression of your illness and support you to achieve your wishes and choices

## We can

- Respond to the individual needs of each patient, carer and family
- Work with with GPs, and community care and health services
- Provide afterhours phone support to patients, carers and clinicians
- Provide in-home specialist care
- Offer equipment loan to enhance comfort and safety
- Offer carer and patient education
- Offer welfare support

## Referral

- Anyone can refer to a community palliative care service. It may be your GP, Specialist, hospital, family or yourself
- Early referral, from diagnosis, can be beneficial

## Costs

- There is no cost to patients

**For general support or advice  
call the Palliative Care Advice Service:  
1800 360 000 (7am - 10pm, seven days a week)**

**For patient specific advice during  
and after business hours call the numbers  
provided by your service**